**FIVE HABITS OF SINGLE PEOPLE**

* Single people bask in their autonomy. They easily discover themselves and do not live in the shadow of their partners. No wonder people motivational speakers say that the period of singleness is the time to discover yourself and your purpose in life. Most successful people in life discovered their purpose early. In their autonomy, they will do self-reflection, ask questions, discover problems, and pave the way to solving them. They tend to do what they want to do anytime and anywhere they want to do it, they are not conformed to negotiating schedules with anyone. They do not need anyone’s planner to plan their schedule. No need to reach a concession. No need to be accountable to anyone. A single person can wake up, pack a suitcase and go on a trip, that is a beautiful thing. As a single person, I can choose to cook today or eat out. I have an option of either doing my laundry or postponing to a later time without being questioned. I can go to watch a new movie in a cinema and decide to have a sleepover at a friend’s place. Oh Yeah! I can hang out with the boys till the wee hours of the night without checking my phone for missed calls from my spouse. I missed my parents and it is thanksgiving, I am traveling over to check on them without taking permission from my spouse, all I need is to pick up my phone and call my parents, Oh Dad, Mum, I missed you, I am coming over.
* Single people have more time for personal development. They are goal-getters. Imagine you set a goal for a new year in personal development like skills acquisitions, without being lazy, I bet you will achieve that dream within the allocated time and might end up outdoing yourself. Being married entails sharing your time with your spouse and children when you have them. Some goals set by married people may never be achieved except through heavy sacrifices. You want to make a switch in career and you need to acquire the necessary skills, all you need as a single is to pay for that course and start immediately. You need to develop new habits like reading, morning walks, water therapy, and many more. You will do your consultation and align your schedule to accommodate your new tasks. I bet married people cannot just jumpstart acquiring new habits like that without weighing the pros and cons and reaching a consensus with other family members without harming anyone.
* They make themselves happy. Single people do not etch their happiness on others. As a single person, you need to buy a new device, you will get it as long as you can afford it. You don’t have to wait for the approval of anyone or consider the family’s budget. You need a massage, you get it, you need to go to the spa you go for it. No wonder others complain that single people are extravagant and selfish. Well, I wouldn’t say they are selfish, as long as they are not harming anyone with their decisions. If they have the money, why can’t they spend it, at least they worked for the money. Spoil yourself if you have to and wait for no one as long as you can afford it. They don’t have to make compromises but do things to make themselves happy. They have time for friends and family. It can be in form of a picnic, excursion, night out, or long road trip. They are “selfishly happy”. The world is full of many uncertainties and foes for one not to choose to be happy. Single people have cultivated the habit of engaging in what makes them happy when the world is against them. This is one of the best therapies for long Life. Singles have come to understand that they cannot have it all, but chose to be contented with what they have without waiting for a certain time that may never come as some will say “ when I have enough money, I will travel round the world” Many lives have lived in this hope and they never had and on their death bed they would wish they had taken some decisions like these earlier. As they say, it is my money, not our money. They are very active and keep this up at all times.
* They are better savers. Single people do not need to impress anyone. Contrary to the belief that they are extravagant, they save more money. They do not need to buy valentine’s gifts, or birthday gifts, throw parties for children, buy diapers, pay children’s school fees, attend in-law parties, etc. They spend their money on themselves and for themselves and can save more. They can save money for future projects, and invest wisely in stocks and shares. They can choose to acquire more degrees, and certifications within the shortest time possible when they make plans without waiting for anyone.
* They are risk-takers and creative. Have you taken your time to reflect if you have to damn some consequences before taking some decisions? Afterward, successful people are risk-takers. Being in solitude gives room for reflections that begets creativity. These are good habits of single people because they always want to look for the easiest ways to ease their daily stress through creativity. Imagine having to mow a lawn and you tie the mower to a middle tree in the middle of the lawn and allow it to do the work without holding it. Someone once said that the laziest people are the most creative because they are always looking for the easiest way to do things. I will say that thinkers are the most creative because a lazy person will also be too lazy to think. Financial burdens, societal expectations, and emotional burdens are killers of creativity and risk-taking. Single people have fewer of these burdens and would be better off taking risks that are beneficial to them and society at large.